

# The Mooseheart Horizons Program





**Enter to learn,  
leave to serve**



# Every child deserves a brighter future

Each child or adult deserves not just a place to stay, but a place to thrive. Mooseheart believes that everyone deserves a place of safety, support, and possibility — regardless of intellectual or developmental challenges. The Horizons Program ensures that every child who can benefit from Mooseheart’s mission finds a place, purpose, and path towards a brighter future.

For over a century, Mooseheart has been a place for children in need to find a second chance in life, and over 12,000 children have participated in our program and gone on to have a brighter future through their experiences on our campus. This newly expanded mission — welcoming with open arms children with intellectual and developmental disabilities — is guided by purpose, fueled by passion, and grounded in our unwavering commitment to inclusion.



## **Key Features of the Horizon Program:**

- Mooseheart has worked with the Illinois Department of Children and Family Services (DCFS) to extend our services to children with conditions such as Autism, Cerebral Palsy, and Down Syndrome.
- Three on-site, residential homes with full time caregivers will be available, focused exclusively on serving individuals with developmental/intellectual disabilities.
- Those three homes will be part of the Mooseheart Child City and School residential community - a 1,000-acre campus 40 miles west of Chicago. Mooseheart was established in 1913 as an Illinois City and has served children with a variety of needs since its founding.
- Each home will:
  - Be located in a gated/secure community
  - Be independent, with a capacity for six residents and 2-3 staff each
  - Offer private school education – Mooseheart has been accredited for over 100 years through Cognia (formerly known as North Central and / or AdvancED) and recognized as a school through the Illinois State Board of Education
- Mooseheart is funded by the Moose Fraternity as the parent organization ([www.mooseintl.org](http://www.mooseintl.org)). The Fraternity is comprised of nearly 1,000,000 men and women throughout the United States and Canada.

- Horizons students will be served by staff specifically trained in helping students with developmental/intellectual disabilities, as well as additional outside providers for specialty needs.
- A focused, social skills curriculum called the Mooseheart Model of Care will also be implemented to teach the value of social skills in daily life.

## **Mooseheart History**

Mooseheart is a residential child care facility supported by the Moose fraternal organization. Located on a 1,000-acre campus 40 miles west of Chicago, the Child City is a home for children and teens, from infancy through high school.

Dedicated in July 1913 by the Moose Fraternity, Mooseheart cares for youth whose families are unable, for a wide variety of reasons, to care for them. Some have lost one or both parents; others are living in environments that are simply not conducive to healthy growth and development. Whatever the reason, the men and women of the Moose, through unparalleled generosity and volunteerism, furnish the resources necessary to care for children in need.

The Fraternity provides children with a wholesome, home-like environment and the best possible training and education. Children live in one of 24 residences designed like a spacious, single-family home. Each is home for six-to-ten children. At the heart of the program are Family Teachers — providing a consistent, systematic method of care, with emphasis on social-skills development — skills essential for success in later life.

## **The Moose Fraternity**

The Moose is about celebrating life together, serving those in need within our local community, supporting our children at Mooseheart and standing by our senior members at Moosehaven.

Mooseheart Child City and School is proudly supported by The Moose, a fraternal/service organization founded in 1888. With nearly 1,000,000 members and approximately 1,300 Lodges across 49 states and four Canadian provinces, the Moose Fraternity is dedicated to serving communities and providing children and teens with the care, stability, and the education they deserve. You may have heard the saying, “A burden heavy to one is borne lightly by many.” This is a core tenet of the Moose organization and part of what makes our Lodges, Chapters and “charitable cities” (Mooseheart & Moosehaven) we support so unique.

The founder of the Moose, Dr. Henry Wilson, successfully established the first Lodge in Louisville, Kentucky. In the early years, the goal of the Moose was to provide men an opportunity to gather socially, to care for one another's needs and celebrate life together. Since those early years, our fraternal organization rapidly expanded to include valuable service to local communities, care for children and teens in need at Mooseheart Child City & School and care for our senior members at Moosehaven (a 64-acre retirement community near Jacksonville, Florida.)

## **Heart of the Community**

In addition to Mooseheart and Moosehaven, the Moose Fraternity's "Heart of the Community" effort is multifaceted with internally developed programs like Tommy Moose. Tommy Moose aids in helping children overcome fears and anxiety during times of stress. Donated to law enforcement, fire fighters and other emergency workers, Tommy Moose plush dolls are presented to children in various traumatic situations.

The external focus of our service is also directed towards many worthwhile national charities, a few of which are the Salvation Army, Safe Surfin' USA Foundation, Big Brothers-Big Sisters, and St. Jude. Our members also spend time and resources supporting local causes whenever there is a need. Overall, the Moose organization contributes between \$40 to \$60 million worth of community service (counting monetary donations, volunteer hours worked and miles driven) annually.

In our local Lodges, you will find a wide array of activities available for participation both as an individual and as a family. From holiday parties, dances, sports, themed dinners and live entertainment, the Moose has much to offer. Membership can mean different things to different people. You are the one determining what you want to get out of the organization, and what you want to give back.

## **Mooseheart Education and Activities**

Mooseheart has its own complete school system located on the campus. Our educational programs are recognized by the Illinois State Board of Education and accredited by Cognia.

Students aged 0-5 attend the Early Childhood Learning and Play Center every day. Beginning at age five, children begin their formal education in kindergarten. The elementary school serves students in kindergarten through fifth grade in self-contained classrooms where the teaching of basic skills is the primary focus. Middle School is for students in grades six



through eight and Mooseheart's High School is for grades nine through twelve. Class sizes are small, generally, with fifteen or fewer students.

The curriculum in Mooseheart School is typical of what is used in schools across the nation — with one significant difference. Beginning with career exploration at the middle school level and evolving into vocational education at the high school level, each Mooseheart student learns a vocation in addition to earning an academic diploma. Vocations include areas such as Automotive Mechanics, Commercial Music, Business, Computer Science, Cosmetology and Graphic Arts.

## **A Campus Full of Activities**

A broad extracurricular program is available at Mooseheart, including athletics, vocal and instrumental music, and club activities. The majority of Mooseheart students participate in both athletics and music. Students in grades eight through twelve are members of the Naval Junior Reserve Officers Training Corps (NJROTC) unit. In addition to receiving instruction in Naval Military Science, cadets compete in Athletic Team, Drill Team, Rifle Team and Pistol Team competitions.

The Moose Fraternity's support of Mooseheart students does not end at the time of high school graduation. A generous financial aid program exists to provide higher education scholarships for students meeting academic criteria. Students who achieve a 2.0 grade point average ("C" average) are eligible for consideration for a two-year scholarship. Students with a 3.0 GPA or higher are eligible for consideration for a four-year scholarship. The majority of Mooseheart graduates go on to college, attending universities throughout the nation.

Summer is an equally busy time at Mooseheart. While students often visit with relatives for a "summer vacation," life on campus offers many opportunities for other activities. Each student has the opportunity to attend a week of camp at Mooseheart's "Camp Ross", a 150-acre wooded paradise located 70 miles northwest of the main campus.

Elementary students participate in a recreation day program which includes academic enrichment. Additionally, all middle school/high school students are involved in mandatory academic enrichment, and a summer work education program with a variety of tasks designed to teach work/life skills.

Also located on the campus is the beautiful House of God. All youth on campus are required to attend either a Catholic or Protestant Sunday morning worship service at the Mooseheart House of God. A Campus Ministries Program offers many programs with emphasis on both social and spiritual growth.

## **The Mooseheart Model of Care**

Children residing at Mooseheart (ages 0 – 18) are cared for by Family Teachers, who have the responsibility of providing a family environment where a youth's physical, emotional, and spiritual needs are met in a healthy, productive manner. To accomplish this important task, Family Teachers receive extensive training and support in the Mooseheart Model of Care. The Mooseheart Model of Care finds its roots in the Teaching Family Model, developed through the University of Kansas and used across the country by organizations like Girls and Boys Town. The Model incorporates three key components: building relationships, teaching skills and empowering youth.

Quality Family Teachers are warm, caring, fun, helpful, reliable and fair. Family Teachers are taught to develop positive relationships with the youth in their care and to teach youth how to develop healthy relationships with others. Youth are immediately welcomed into families that play together, pray together, make decisions together, celebrate birthdays and special occasions together, and work together to help and support each other.



Strong relationships create a bond of trust and make kids feel connected and worthwhile. It is this sense of belonging and participation in healthy relationships that provides children with the foundation for learning how to become competent and caring citizens.

Every youth needs to learn certain skills in order to be successful, and it is the Family Teachers' job to teach those skills. The Mooseheart Model of Care provides Family Teachers with a social skills curriculum that promotes social and educational success. The skills encompass areas as basic as: following instructions, accepting “no” answers, and greeting others; and as complex as conflict resolution, assertiveness, and maintaining relationships. The curriculum includes skills that teach children how to be successful in a variety of settings. Children learn sportsmanship, conversation skills, study skills, and moral and spiritual decision making. Family Teachers focus on skills that will be the most helpful and appropriate for individual children. For example, with a very young child, Family Teachers might be helping him/her learn to use words instead of screaming or crying to communicate



needs. With a child in middle school, Family Teachers may concentrate on peer relations or completing homework. And, with a high school student, Family Teachers might focus on job finding strategies or budgeting and money management.

While the social skills curriculum guides *what* to teach, Family Teachers are also trained *how* to teach the skills, using interactions that encourage children to continue making positive steps toward skill acquisition. The goal is to empower the child to make new behaviors a permanent part of daily life (internalization); and to enable the child to use these behaviors and skills in many different situations (generalization).

Learning new skills can be difficult and children often need a great deal of support and encouragement in the beginning. The Mooseheart Model of Care incorporates a motivation system that provides added reinforcement in the form of a token economy. Children are rewarded with positive points/

teaching interactions for engaging in positive behaviors. Similarly, students lose points for displaying negative behaviors, and practice replacement behaviors to earn some positive points back. Through these teaching interactions, students earn points which are then exchanged for privileges, such as watching television, talking on the phone, or playing video games. The motivation systems (Bucks, Daily, Weekly, Achievement, and Natural/Logical) are structured into levels such that the child's behavior determines the level of reinforcement, as well as the privileges he/she can utilize.

The structured motivation system gives kids an external reason for doing things differently until they realize how good the benefits are and internalize the behavior. It allows the Family Teachers to be positive and supportive of new, appropriate behavior. As youngsters learn new ways to experience success, and their own motivation to succeed grows, the structure of the motivation system can be faded out. Lessening the reliance on external motivators (points) is critical to the development of self-control and self-discipline. Basically stated, the motivation system is like a plaster cast used to help heal a broken leg. It provides necessary support during the healing process, and its removal is a good sign that progress is being made.

## **1-2-3 Magic**

With our younger children, as well as those with developmental delays who do not possess the cognitive abilities to comprehend the motivation systems, Family Teachers use 1-2-3 Magic, a program developed by Dr. Thomas Phelen out of Naperville, IL. The methods used with 1-2-3 Magic are simple, straightforward and immediate. Children can earn special privileges and activities for positive behaviors, or brief time-outs for negative choices. The program helps teach these children about cause and effect, and promotes the development of self-discipline.

Youth make greater improvements and are more motivated to achieve personal success if they have a voice in the decisions that affect their lives. The Mooseheart Model of Care incorporates a self-government process that teaches and empowers youth to make sound, ethical decisions. Youth learn valuable leadership and teamwork skills, while taking an active role in making decisions that affect the functioning of their home.

The Mooseheart Model of Care provides a positive learning environment for children. Within the context of a family, kids learn to build healthy relationships. They are taught important developmental and life skills, and are empowered to make positive choices. In the Mooseheart Schools, teachers use the Mooseheart Education Model, which also

incorporates the key components of relationship building and teaching skills. The cohesiveness between home and school creates consistency and maximizes learning opportunities for the children.

Each of our children with developmental delays, (ages 0-18) attend Mooseheart's special education program in accordance with his/her aptitude. Those same children, (up to age 21 with DHS support) who are unable to benefit from usual school attendance, are provided education consistent with their needs and abilities, meeting all requirements of the Illinois State Board of Education. Children are also permitted and encouraged to participate in extracurricular activities including clubs, art, and music to the extent of their interests, abilities, and talents. Mooseheart works to ensure that a child welfare worker is assigned to each of these children accordingly. Social, psychological, and psychiatric evaluation and treatment services are provided to children in need of such services by qualified personnel.



Homes with children requiring additional developmental and cognitive services meet all ADA requirements and guidelines and do not exceed more than six youth to a home. These homes are staffed by Family Teachers with a Direct Support Professional (DSP) certification, under the direct supervision of their residential supervisor who has and maintains a Qualified Intellectual Disability Professional (QIDP) certification. Residential supervisors in this capacity report directly to their residential coordinator, who also maintains a QIDP certification.

Finally, in order to maintain high standards of care, Mooseheart takes lengthy measures to monitor the Mooseheart Model of Care and ensure that children are being provided with a safe environment. One way of doing this is to ask the children themselves. Several times a year, children are interviewed about their safety and satisfaction with Mooseheart. The interviews provide us with a valuable measure of the care we provide.

## **Mooseheart Services, Procedures and Structure**

### **Child Care Services**

- Each child will be provided with clothing that fits properly, is appropriate for the season, and is comparable to that worn by other children of similar age in the community.
- Each child will be given training and direction in age-appropriate good health/independent living/ nutrition practices.
- Each child will be provided with essential individual toilet articles and linens.
- Each child will be given the opportunity to participate in extracurricular, enrichment, cultural, and social activities appropriate for the child's normal growth and development. This includes the opportunity to develop social relationships and to pursue hobbies and personal interests through participation in neighborhood, school, and other community activities. Except when the needs of a child and/or group indicate otherwise, children will have the opportunity to exchange visits with friends in the community.
  - When participation of a child or youth less than 18 years of age in an extracurricular, enrichment, cultural, or social activity requires a caregiver's consent, Mooseheart will use normalcy parenting and the reasonable and prudent parent standard when determining whether to allow participation.
- Youth 18 years of age and older do not require a guardian's consent to participate in these activities; Mooseheart staff should guide and support



the youth in identifying and locating appropriate activities for the youth's continued growth and development.

- If a child suffers an injury participating in an activity, Mooseheart will conduct an internal investigation to confirm that the designated youth home staff approving the activity acted in accordance with Mooseheart's safety standards.

### **Travel**

- Mooseheart will only approve of child travel within the State of Illinois. When in-state travel will exceed 48 hours, Mooseheart will notify the child's guardian and provide the child's location and contact information.
- Mooseheart will approve the child's out-of-state travel only with permission of the child's guardian. When out-of-state travel occurs, Mooseheart will provide the child's guardian with the child's location and contact information.
- Mooseheart will ensure that planned travel for the child does not interfere with school, court, medical, and other important services/treatment required in the child's service plan.

## **Youth Finances/Responsibility**

- Personal allowance money will be available to children based upon the child's age and ability to manage money. Adolescents may be allowed to earn additional spending money if able. Mooseheart will assist the child in the proper handling of money and personal property.
- Mooseheart will have procedures to ensure the safety of those funds. Amounts of \$50 and over will be deposited in an insured account. Youth home staff will provide monthly reports on the status of each child's insured account to the youth home supervisor.
- Personal financial transactions or transfer of a child's personal property among others at Mooseheart will be prohibited. This prohibition will not apply to the common practice in families of transferring outgrown clothes or equipment.
- Mooseheart will assure that the child's personal belongings acquired by or given to the child during placement are returned to the child when the child changes placement or leaves Mooseheart care.
- Every child will have the opportunity to learn to assume some responsibility for himself or herself and for youth home duties in accordance with his or her age, health, and ability. No child will be permitted to do tasks that are hazardous, dangerous, or potentially harmful to the child.
- Work assignments will not interfere with regular school programs, study periods, recreation, or sleep.

## **Required Written Consents**

Mooseheart will obtain written consents from legally responsible persons for:

- Health care and treatment (medical, surgical, psychiatric, dental).
- Use of psychoactive drugs.
- Religious instruction or attendance in a different faith.
- Work programs, driving, and car ownership.
- Extensive visits, trips, or excursions.
- Use of photographs for publicity.

## **Health and Safety**

- Each child will be examined by a physician within 30 days before placement in a youth home unless the placement is an emergency. In an emergency placement, the physical examination will be scheduled within 5 days after placement and completed within 15 days after placement. In all cases, each

child will be screened for communicable diseases within 72 hours.

- Each child will be examined annually or more frequently if findings and medical opinion indicate need. Diagnosed medical problems will be treated promptly.
- Each child will be given a dental examination every six months per DCFS requirements. Diagnosed dental defects will be treated promptly.
- Immunizations and tests, will be administered as required by the Department of Public Health regulations or as recommended by a physician.
- In case of sickness or accident, immediate medical care will be secured for the child in accordance with DCFS standards.
- Any child who is ill or suspected of having a contagious disease should be separated from other children until a medical determination has been received that the disease is not contagious or is no longer contagious.



- Mooseheart will keep DCFS informed of any of the child's health problems, including alcoholism and drug abuse.
- Mooseheart will conduct and record fire and evacuation training at least once every three months and consult with local fire authorities regarding fire safety practices.
- Household pets will be inoculated as required by state and local regulations.
- No firearms or ammunition will be allowed on Mooseheart's campus.
- Mooseheart may not use or have on the premises any unsafe children's product as described in law.
- No person will smoke tobacco in Mooseheart's youth homes, in an open or enclosed motor vehicle while transporting a child, or within 15 feet of entrances, exits, windows that open, and ventilation intakes that serve the youth home.
- Mooseheart will ensure that all persons providing transportation services comply with the driver licensing, Rules of the Road, financial responsibility, vehicle equipment, and vehicle inspection provisions of the Illinois Vehicle Code. Persons with special driving permits will not be considered to have a valid driver's license.
- Mooseheart will require that all prospective drivers submit a written response to the following questions, which will be kept in the driver's personnel file. No person answering "yes" to any of these questions will be permitted to transport children:
  - Has your driver's license been revoked or suspended within the past 3 years for driving under the influence, manslaughter, or reckless homicide?
  - Have you been convicted of driving under the influence, manslaughter, or reckless homicide in the past 3 years?
  - Have you caused an accident that resulted in the death of any person within the past 5 years?
- A child care facility driver application and a copy of the current medical form will be submitted to DCFS for any individual who transports children regularly on behalf of a youth home.
- Age-appropriate safety restraints that are federally approved and labeled as approved will be used at all times when transporting children in vehicles with a gross weight of less than 10,000 pounds, except when children ride as passengers in taxicabs, common carriers, or public utilities. No more than one child will be in each seat belt.
- Mooseheart will adopt emergency procedures to be followed in the

event of an accident, serious illness, or severe weather. Copies of these procedures and other pertinent information will be provided to all persons driving on behalf of Mooseheart and will remain in the possession of the driver while en route.

## **Discipline of Children**

- The use of discipline at Mooseheart will be in accordance with the standards set forth in Mooseheart's Part 384 (Section 384.45.) Mooseheart will provide an environment of safety and well-being for children in care. Staff will not abuse or neglect children and will provide a safe environment at all times. No child will be subjected to corporal punishment, verbal abuse, threats, or derogatory remarks about the child or the child's family.
- The least restrictive intervention will always be used when working with a child having behavioral difficulty. Manual restraints/therapeutic holds may become necessary, however, if the child is a danger to him/herself or others. Therapeutic holds instead of restraints will only be used when as indicated in Mooseheart's Part 384 (Section 384.50,) and will not be used for a child whose medical condition, mental illness, or developmental or psychological status contradicts the use of this technique.

## **Education**

- Each child will attend Mooseheart's special education program in accordance with his/her aptitude.
- Children unable to benefit from usual school attendance, will be provided education consistent with their needs and abilities. Such alternate education will meet the requirements of the Illinois State Board of Education.
- Children will be permitted and encouraged to participate in extracurricular activities including clubs, art, and music to the extent of their interests, abilities, and talents.
- Mooseheart will work to ensure that:
  1. Children are placed in appropriate grades and programs; and
  2. There is periodic educational evaluation of individual children.
- Mooseheart will ensure that each child has necessary school supplies, materials, and equipment.

## **Religion**

- The religious beliefs and rights of children will be legally protected and respected.

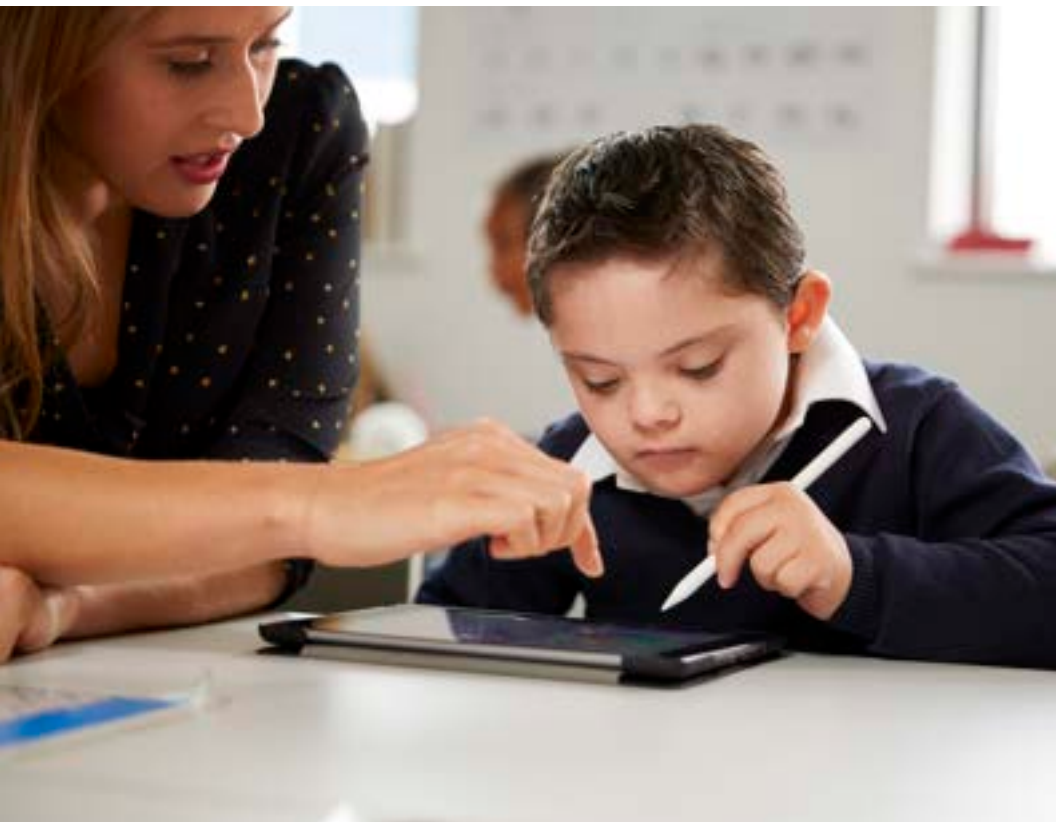
- Each child will be provided religious education (Protestant or Catholic) with written consent of the guardian. This includes consent to baptism or confirmation.
- Children will be permitted to participate in religious services (Protestant or Catholic) either singly or in groups, based on youth needs.

### **Recreation and Leisure Time**

- Mooseheart will encourage each child to participate in indoor and outdoor recreation consistent with the child's age and developmental needs.
- Mooseheart will keep a written policy covering recreation activities and schedules.

### **Food and Nutrition**

- Foods will be prepared and served to provide the recommended dietary allowances for the nutritional needs of the children.
- Food products from home-raised animals will meet the standards of the Departments of Agriculture and Public Health.
- When a physician has prescribed a special diet for a child, the home will provide the special diet.





- Mooseheart will consider the child's nutritional needs in relationship to the child's sex, age, religious beliefs, and cultural background.
- Meals will be served under clean and sanitary conditions.
- Each child will be provided three balanced meals a day. The time span between one meal and the next will not exceed 14 hours (overnight).
- Children will be encouraged to eat food served but will not be subjected to undue coercion or forced feeding.
- Staff members will be present to supervise children during mealtimes.
- Meals provided to on-duty staff will be substantially the same as those served to children, unless a special diet is required for modified needs or religious beliefs.
- Menus will be prepared and posted one week in advance.
- Records of all meals served will be retained for one year and be available for review.
- If able, children may assist with meal preparation, but only under adult supervision.

## **Professional Services**

- A child welfare worker will be assigned to each child with the developmental or intellectual need to be placed in the program (See Case Management Supervisor.)
- Social, psychological, and psychiatric evaluation and treatment will be provided to children in need of such services by qualified personnel.

## **Agency Supervision of Mooseheart**

- Mooseheart will designate a program administrator to provide ongoing program administration, personnel administration, and monitoring of the youth home's operation. The program administrator will possess a Master's degree in social work from an accredited school of social work, or an academically equivalent Master's degree in a human services field from an accredited school, and two years of full-time supervisory experience in a social work or human services setting.
- Supervision will include on-site visitation and conferences with personnel employed at the home at least twice a month. Visits will include contact with children to determine their view of the program.
- The child care supervisor position, the youth home case management supervisor position, and the program administrator position will remain distinct and separate from each other.

## **Case Management Supervisors**

- Youth homes may establish this position.
- The duties of youth home case management supervisors include but are not limited to:
  1. Providing case management and oversight that encompasses culturally appropriate and meaningful activities to the children using person-centered approaches and strategies that fully engage and include the children in each aspect of their daily life, have maximum choice and control, and gain independence.
  2. Scheduling and attend coordinated service planning meetings.
  3. Assessing effectiveness through service delivery.
  4. Assisting with rotating on-call duties.
- All persons employed as youth home case management supervisors are required to be in full compliance with DCFS laws and regulations. In addition, they must possess the following qualifications to work as a group home case management supervisor:
  - Be at least 21 years of age.



- Hold a master's degree in social work or human/social services with 1 year of experience in a child welfare and/or human/social services setting.
- Maintain a Qualified Intellectual Disability Professional (QIDP) certification.

### **Physical Facilities**

- Buildings used as youth homes will be safe, clean, well-ventilated, properly lighted, and heated.
- Water supply will meet health department standards. For children under age 10 or with developmental disabilities, hot water temperature will not exceed 115°F.
- Fire prevention and health standards per law will be maintained, including smoke detectors and carbon monoxide alarms.
- Prescription and non-prescription drugs, dangerous household supplies, and dangerous tools will be kept locked. Firearms and ammunition are prohibited.
- Provisions will exist for separating ill children pending medical determination.
- Mooseheart will have an operating telephone.

- Each child will have a separate bed with appropriate bedding.
- Linens will be changed weekly or more often as needed.
- Children over age 6 will not share a bedroom with children of the opposite sex.
- Sleeping rooms will have at least 40 square feet per child, excluding closets and wardrobes.
- Basements/attics will not be used for sleeping unless meeting licensing standards and safety requirements.
- Rooms will have an outside window or auxiliary ventilation.
- Bathrooms will be provided at a ratio of one per five children.
- Kitchen and dining facilities will be clean and equipped for safe food preparation and storage.
- Space and equipment will be provided for recreation.
- Quiet and private areas will be available.

## **Records and Reports**

- Mooseheart will maintain on-site:
  1. Name, birth date, legal guardian, religion, and educational placement of each child.
  2. A daily log on each child's progress.
  3. Records of special medical/dental needs, including substance abuse history.
  4. A daily log of prescribed medication administered.
  5. A daily log of confinement use.
  6. Unusual incidents or serious occurrences must be recorded and reported within two working days.
  7. Records will be kept in locked storage and remain confidential.





## Residential Activities

### Self-help Skills

- Make bed daily
- Clean room daily
- Laundry weekly and put clothes away
- Help prepare meals
- Load / unload dishwasher
- Vacuum and dust and pick up
- Safety procedures

### Personal Care Skills

- Brush Teeth Daily
- Take shower daily
- Wash hair regularly
- Get dressed
- Put away clothes
- Toileting
- Eating independently

### Socialization Skills

- Communication
- Appropriate behavior
- Read/follow picture schedule
- Handle money
- Computer skills
- Turn taking, sharing
- Equestrian Therapy

# The City of Mooseheart

(visit [Mooseheart.org](http://Mooseheart.org) for a complete Aerial photo tour)



# Horizon's Homes



**Arizona/New Mexico Home**



**Virginia Home**



**Tennessee Home**

# Recreation & Leisure Activities



**Basketball**



**Bowling**



**Esquestian Therapy**



**Cycling**



**Weight room**



**Table Tennis**

# Camp Ross

Camp Ross is a 100-acre, rustic, year-round, non-profit outdoor retreat for Mooseheart children located near Mount Morris, IL, that offers activities like fishing, hiking, and canoeing. Owned by Moose International, the facility has six rustic wooden cabins, a mess hall, a chapel, a swimming pool, and a, guest house, and it is located on Pine Creek







**Visit Our Website at  
[www.mooseheart.org](http://www.mooseheart.org)**

**Check Us Out On  
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